

Onanole Recreation Facility Fitness Centre

User Agreement

Effective, January 1st, 2021, all patrons wishing to have access and use of the Fitness Centre, located within the Onanole Recreation Facility must agree to adhere to the following list of rules and regulations in the code of conduct agreement to remain in good standing.

1. All members are required to have **paid** for their membership and **signed the current Code of Conduct Agreement** prior to being allowed entry to the fitness facility. Any person who has not done so will not be permitted access.
2. All members **must sign** in on the **Google Sheets** App to book their work out time. At this time, members are restricted to a one-hour workout session.
3. All members are expected to **follow** the **General Rules** as indicated on the black board as well as any **other rules** specific to any extenuating circumstances (i.e., COVID 19 See below). **Anyone not doing so may have his/her membership permanently revoked.**

General Rules

- Leave outdoor footwear in the foyer.
- Wipe down all equipment after use.
- Put away all weights and equipment.
- Be **respectful of** the space, other members and **volunteers** by following proper gym etiquette.
- The TV or radio volume is to be played at an appropriate level. If you prefer to listen to your own music, please be sure to use ear buds.
- Minors under the age of 14 must be accompanied by an adult.

COVID 19 Specified Rules: (subject to change depending on provincial circumstances)

1. As per Provincial Health Guidelines, regulations, and the Emergency Measures Act, all members must enter the fitness facility with at minimum, a medical or cloth mask. There are no exceptions to this rule. Any member attending the facility without a mask, will be asked to leave and return with a mask.
 - All members and volunteers are required to wear a mask while in the building
2. Maintain **physical distancing**.
3. All **equipment** will be **wiped down** after use, including dumbbells.
4. Members must complete the following **Self Screening Tool**. Only individuals with a cleared result can enter the fitness facility.
Screening Tool - Shared Health (sharedhealthmb.ca)
5. All members should be proactive and research the Provincial Health Guidelines, regulations, and the Emergency Measures Act so as to be aware of any possible pending changes.

Name: _____

Home Address: _____

Email Address: _____

Phone Number: _____

A member's signature acknowledges that he/she has read, understands and is willing to comply with the Code of Conduct.

Date: _____